



Coastal Cascades Oregon Coast Aquarium Meetup after Dr. Timothy Bizga CE in Newport, Oregon. This was the first CCDS event in the Newport area. Save the date for the next CE in Newport will be on Sustainability in the Dental Industry: May 9, 2026 at the Oregon Coast Aquarium!



Dental products could cause allergic reactions in patients with alpha-gal syndrome Allergy linked to tick bites includes red meat, other animal products

Patients with an allergy to red meat called alpha-gal syndrome may experience reactions to dental products and medications that contain animal-derived ingredients.

An article published in the July issue of The Journal of the American Dental Association examined clinical studies, review articles, case reports and case series from 1990 through 2024, finding the most common alpha-gal reactions associated with oral health care were tied to the administration of animal-based hemostatic agents.

Mary Beth Versaci Reprinted from ADA News 9/17/2025

“If a patient has alpha-gal syndrome, their dentist needs to be aware of the history of this condition and the results of previous medical consultations and thoroughly review their diagnosis and past triggers and reactions,” said Ashraf Fouad, D.D.S., chair of the ADA Council on Scientific Affairs. “Consulting with a patient’s allergist or immunologist can help dentists gain greater insight into their patient’s condition. In addition, dentists should recognize that the emergency management of an alpha-gal reaction is similar to that of an acute allergic or anaphylactic reaction.” **Allergic Reactions continued on p. 10**

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Executive Director Message

Nissa Newton



CCDS has been partnering with multiple companies to bring more CE to its members. Some partners we have been working with recently include GC, Unbreakable Bonds, Noble Biocare, Healthcare Compliance Associates, and PM Dental Connect.

Coastal Cascades Dentist Society has partnered with Unbreakable Bonds to bring Dr. Hongseok An to speak in an Integration Series. The first class was on Friday, September 12th at Valley River Inn. It was a full event with 17 dentists. Sponsors: Columbia Bank Healthcare, and Align were also present. The next class in the series is Digital Work Flows in Implant Dentistry. This class will be at 5 pm, October 23rd at the Albany Golf and Event Center. Please RSVP early for this event.

CCDS has another event at 5:30 on October 9th in partnership with Nobel Biocare. Speaker Lynn Pencek, RDH will be giving her presentation Contemporary Approach to Dental Implant Maintenance for Long-Term success. This class will review the history of osseointegration and treatment options for dental implant therapy, as well as aftercare, recall maintenance guidelines, and protocols for preventing peri-implantitis. This is a great class for dentists and hygienists and is being offered as a hybrid course, attendees can come in person to LCC or attend via Zoom.

As we move into the winter, November 13th Solventum is giving their CE Class on their products at Valley River Inn. In December, G.C. America is bringing Max Thomas to present to CCDS "Hands-On Stain & Glaze at the Corvallis Community Center on the evening December 4th (2 CEs) and in Eugene at Lane Community College on the morning of December 5th (3 CEs).

We are planning many more exciting events in 2026! So make sure to look for new classes and events in our November/December Newsletter. You can visit www.bit.ly/CCDSEVENTS to view and register for CCDS classes and activities.

Newsletter Advertising Sizes and Cost

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Special requests will be considered and will depend on availability.

Those purchasing advertising can also receive complimentary on-line classified listings on CCDS' website; however, newsletter classifieds are reserved and free for CCDS Dentist members and service opportunity providers.

CCDS News - September/ October 2025

Published bi-monthly by the Coastal Cascades Dentist Society (CCDS) and distributed to members of the society as a benefit of membership. Statements of opinion in this publication are not necessarily endorsed by CCDS Contributions to the newsletter are welcome in the form of articles, photos, announcements, or other items of interest for our membership. Notice of errors and corrections are appreciated. Deadline for Nov/Dec Newsletter is Oct 15, 2025. Send all items to nissa@ccdentistsociety.com.

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Navigating Informed Consent in Dentistry

Julie Goldberg, D.D.S., Dental Risk Consultant, Pharmacists Mutual Insurance

Informed consent is a fundamental principle that supports patient autonomy, ensuring that patients understand the risks, benefits, and alternatives to treatment. The process of informed consent empowers patients to make educated decisions about their care. This article explores what informed consent means, its key components, and how it plays a role in mitigating risk and protecting dental professionals in the context of professional liability claims.

Defining the Informed Consent Process

The informed consent process is more than a signed document and typically involves three steps.

1. Discussion of Treatment Options

The first step is a conversation between the treating dentist and the patient. During this conversation, the dentist will cover:

- Diagnosis and treatment recommendations, based on indications for treatment
- Treatment alternatives, including no treatment
- Risks and benefits of treatment

Allow the patient an opportunity to ask any questions they may have to ensure full understanding of the information being delivered.

2. Acknowledgement through Written Consent

In step two of the process, the patient signs a procedure specific informed consent form, acknowledging their understanding of the information provided to them. Considerations related to written informed consent might include:

- Outlining procedure AND patient specific risks
- Describing procedure details in understandable language
- Including the diagnosis and indications for treatment
- Identifying any patient responsibilities that contribute to a successful outcome
- Confirming that the patient has had an opportunity to ask questions and have those questions addressed

3. Documentation of the Informed Consent Process

Step three involves documentation of the process in the patient's clinical chart. Consider including any patient and procedure specific risks and patient responsibilities that were discussed, to memorialize your efforts to communicate these details. Documenting details of the conversation and any patient questions and subsequent responses given to the patient may further strengthen a provider's defense in the event of a claim or lawsuit.

Addressing Common Scenarios Involving Informed Consent

1. One provider obtains informed consent for a procedure that another provider will perform.

The treating provider will want to consider reconfirming the details of treatment and any procedure or patient specific risks before proceeding.

2. Reconsenting patients

There are no hard and fast rules about the validity of informed consent from a time perspective. Consider reviewing and reconfirming treatment risks anytime there is a change in treatment plan, patient health condition or significant time has passed between consent and time of procedure.

3. Consenting minors

Laws related to minors vary from state to state so be familiar with your own state laws and any updates to those laws. In the event that a minor presents with someone other than a parent or guardian, consider reaching out to the parent or guardian to obtain consent. In an emergency situation, if consent cannot be obtained from a parent or guardian, document the decision-making process and who consented for the minor, to support efforts to work in the best interest of the minor patient.

4. Consenting Patients with Cognitive Impairments

If a patient shows signs of cognitive impairment, it's important to consult with family members or caregivers to ensure that the patient's autonomy is respected. In some cases, a Power of Attorney may be required to provide valid consent.

Informed consent is a cornerstone of risk management. By respecting a patient's right to make informed decisions about their treatment, dental providers comply with legal and ethical standards and also build trust, enhance patient satisfaction and mitigate potential risks associated with dental professional liability.

For questions related to informed consent or dental risk management, contact Dr. Julie Goldberg, Dental Risk Consultant, Pharmacists Mutual Insurance, julie.goldberg@phmic.com.

Pharmacists Mutual Insurance Group is a nationally recognized leader in insurance and risk management for industries including pharmacy, dentistry, healthcare, and more. This information is intended to provide general information only on specific risk management topics. It is not intended to provide coverage determinations or coverage positions, nor is it to be construed as legal, medical, or professional advice in any form whatsoever.

Five Simple Steps for Internal Marketing

Dental Office Management Corner with Janette Douglas

5 Simple Steps for Internal Marketing

1. Train and Empower Your Team

Educate your staff about the services you offer and your practice's values. A confident, informed team delivers better care and naturally promotes the practice.

2. Enhance Patient Experience

Create a welcoming atmosphere. Simple gestures like using patients' names, minimizing wait times, and offering comfort items can turn a routine visit into a memorable one.

3. Promote Your Services

Use brochures, posters, and digital screens to highlight services like whitening, Invisalign, or membership plans. Educate your patients while they wait.

4. Encourage Referrals and Reviews

Ask satisfied patients to refer friends or leave online reviews. Offer small thank-you gifts to show appreciation.

5. Follow Up

Send appointment reminders, check in after

procedures, and share newsletters or dental tips. Staying in touch builds trust. My personal favorite ends a patient's appointment on a high note. Have a trivia question at check out (keep it simple). If they get it right, they pick from a basket filled with dollar store items. Everyone loves prizes and they leave with a smile!



Our personalized solutions protect your profession.

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JD Dental Consulting

Janette Douglas

www.jddentalconsulting.com

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Tip # 1 File fees every 6 months.

Tip # 2 Job descriptions prevent misunderstandings.

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Coastal Cascades Dentist Society is accepting Award Nominations for 2026

Dental Service Award: This award recognizes a dentist who demonstrates voluntary service and exemplifies excellence in their dental profession.

Public Service Award: This award recognizes a dental staff member

who demonstrates extraordinary service both in the dental profession and within their community.

To nominate someone for an award, please email your nomination to nissa@ccdentistsociety.com. Please include your name, who you are nominating, and why you believe they are good candidates for the award. Submissions need to be received by December 31, 2025. The awards will be given at our annual luncheon that will be held on February 20th at Lane Community College. Those nominated should work or reside in Lane, Benton, Linn, or Lincoln Counties.

CCDS is still planning to award the Glen Purdy Award to those dentists who have shown a career and life full of service to the dental profession and their community. Previous recipients have included: E. William Laing 1989, Owen W. Burch 2003, Robert N Dow 2016, Theodore L Johnson 2016, and Robert Carmichael 2019.

Coastal Cascades Dentist Society Receives ACSE Outstanding Component Award for Excellence

Last July at the ADA's Management Conference in Chicago, the Association of Component Society Executives (ACSE) awarded Coastal Cascades Dentist Society (CCDS) the Outstanding Component Award for Excellence. Nissa Newton, CCDS' Executive Director, was present to receive the award. The award was in recognition of the society's expansion and name change efforts. CCDS recently merged the membership of Lane County Dental Society with Southern Willamette Dental Society, thus creating a larger society that required a name that would be inclusive of this larger geographic area. This change was also to address the need for more CE and social events in the Linn, Benton, and Newport areas.

Since the merger, CCDS has hosted several events in Corvallis and recently held a CE Class in Newport, followed by a meetup at the Oregon Coast Aquarium the following day. Since the society now has a larger geographical area, more classes are now available using a hybrid model, allowing those who are unable to attend in person to participate from their home or office. The society gives a discounted rate to Oregon Dental Association members who register for online classes. In the future, the society plans to hold smaller social meetups throughout the area to encourage more social engagement and fun for its members and other local dentists.



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Third-Generation Downtown Portland, OR Dental Practice for Sale Currently collecting around \$600,000 annually. Huge growth opportunity as endo, oral surgery, and surgical implants referred out. Currently 3 ops with option for additional space. Hygiene is 34% of total production. Contact Megan Urban at 503-830-5765 or megan@omni-pg.com for more information. Lic.#201221407 (OMNI Listing ID: ORD186)

Contemporary Approach to Dental Implant Maintenance for Long-Term Success (2 CEs) October 9, 5:30 - 7:30, Lane Community College, BLDG 19

Free for CCDS Members, \$50 Staff
\$125 Nonmember Dentists

Register at www.bit.ly/CCDSEVENTS

HYBRID CLASS



Speaker Sponsors



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CCDS is designated as an Approved PACE Program Provider by the Academy of General Dentistry. The formal continuing education programs of this provider are accepted by AGD for Fellowship, Mastership and membership maintenance credit. Approval does not imply acceptance by a State or provincial board of dentistry or AGD Endorsement. The current term of AGD approval extends from 1/16/2023 to 1/15/2027.

Course Objectives: Review the history of osseointegration and treatment options for dental implant therapy. Review of aftercare, recall maintenance guidelines, and protocols for preventing per-implantitis. Identify risk factors that may lead to mucositis and Peri-Implant maintenance complications. Compare and contrast changing trends used for maintenance protocols for healthy dental implants.

In-Person: Free for CCDS Members, \$50 Staff
\$125 Nonmember Dentists (includes dinner)

Webinar: Free for CCDS Members, \$40 Staff
\$75 ODA Members - \$100 Nonmember dentists

Speaker: Lynn Pencek RDH, MS

Lynn Pencek brings a unique balance of industry knowledge and clinical experience to her presentations. As a member of the Nobel Biocare team, she helped offices bring in new technology and develop efficient workflows for dental implant treatment. Lynn has experience with surgical assisting, clinical workflows, digital case planning for guided surgery, account and inventory management, marketing, and patient education for case acceptance.

As a Dental Hygienist, Lynn wanted to learn more about the care and maintenance of dental implants than what was provided. She is passionate about unraveling the questions and common misunderstandings dental hygienists have about dental implant maintenance, so Lynn has founded her company, "Practice at Your Best."

Course Description: Once considered an elective for the privileged few, dental implants are now provided as a routine dental service. Long-term success for these patients is dependent on a collaborative effort with the dentist and dental hygienist.

The dental implant industry is growing rapidly, and advancements in technology and science are growing faster than clinicians can keep up. What we were taught about implant maintenance in school varies depending on the year we graduated and may no longer be the current standard of care. The science of implantology is technology and industry-driven; the disciplines of surgical placement, restorative, and hygiene maintenance do not communicate well between the disciplines, causing conflicting messages that can be frustrating to dental teams.

This program will review the history of osseointegration and the evolution of maintenance workflows, including decision-making factors leading to maintenance protocols for implant cases ranging from a single tooth to full arch screw-retained restorations.

Digital Work Flows in Implant Dentistry 2 C.E. Credits



Join us Thurs. - Oct. 23rd | 5:00-7:00pm
Albany Golf and Event Center
155 NW Country Club Ln - Albany, OR 97321



Hongseok An, DDS, MSD, FACP

Assistant Professor of Restorative Dentistry, School of Dentistry OHSU.
Diplomate, American Board of Prosthodontics, 2018 - present

Free for CCDS Members, \$50 Staff
\$125 Nonmember Dentists - Includes Dinner & Drinks

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Speaker Hongseok An, DDS, MSD, FACP

"The intraoral scanner is not a magic wand, but it is a very useful tool. The success lies in understanding the technology and mastering the detail." Register at www.bit.ly/CCDSEVENTS

Dr. An joined the OHSU School of Dentistry in 2021 and is currently an Associate Professor in the Department of Restorative Dentistry. He also served as Director of Digital Dentistry at Marquette University School of Dentistry before he moved to OHSU. He received his BS in Statistics/ Computer Science and DDS from Seoul National University in South Korea. He completed his prosthodontic residency at the University of Washington School of Dentistry, receiving his Certificate in Prosthodontics and MSD. He is a diplomate of the American Board of Prosthodontics, a Fellow of the American College of Prosthodontists and a member of American Academy of Fixed Prosthodontics.

Dr. An has served as an editorial board member of the Journal of Prosthodontics and a reviewer for other scientific journals. His research and lectures mainly focus on digital dentistry, implant dentistry and esthetic reconstruction.

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solventum Evening Event at Valley River Inn

November 13, 5:30 - 7:30 PM, Dinner and Drinks included

Solventum is providing 2 CEs for this event

Event Focus:

- Clarity Aligners with Precision Grip Attachments • Filtek Easy Match • Clinpro Clear Fluoride Treatment • Filtek Warmer

Special Guests/Speakers:

- Melissa Monroe, 3M/Solventum Representative
- Jaqueline Strong, Digital Specialist

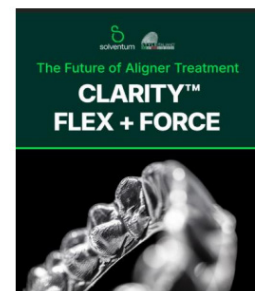
Products Highlighted:

3MTM Clinpro™ Clear Fluoride Treatment, 3MTM Filtek™ Easy Match Universal Restorative, Solventum™ Filtek™ Composite Warmer, and Clarity Aligners

Streamlined inventory:
Just three shades to match the classical VITA shades



Compact and lightweight design fits in your hand



Event is held in partnership with Coastal Cascades Dentist Society



Hands-On Stain & Glaze

Free for CCDS Members, \$50 Staff

Register at www.bit.ly/CCDSEVENTS

\$125 Nonmember Dentists

December 4 - Corvallis Community Center

December 5 - Lane Community College BLDG 19

5:30 - 7:30 (2 CE) - Dinner Included

9 am - 12 pm (3CE) - Breakfast Included

Speaker: Max Thomas Sponsored by G.C. America



One could say that Max Thomas was born to be a dental tech. From the young age of five, Max has been raised in the lab environment and among passionate dental technicians. Before Max was given the handpiece and the opportunity to manage the family business, he earned a Bachelors of Science degree in Business, and explored other career opportunities away from his hometown. Max's drive to learn and lead in the dental field brought him back to the family business and earned him the honor of being featured in a 2018 IDT Magazine article named "The next Generation speaks.". He strives to inspire the next generation of dental technicians within his lab, and labs in the surrounding areas. Max served as President of the Oregon Association of Dental Labs in both 2020 and 2023. This service gave him insight into the future of dentistry and how today's decision making can empower the next generation of leaders.

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Objectives: Master the following:

- Stain & glaze a final restoration (zirconia or lithium disilicate) - lustre paste
- Apply color to a Temporary restoration (Light Cure - OptiGlaze)
- When to utilize an LT block vs MT block vs HT block. (how important the STUMP Shade is)

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Allergic Reactions Continued from p. 1

Alpha-gal, a sugar molecule, is found in most mammals other than humans and in the saliva of some ticks, according to the Cleveland Clinic. When alpha-gal enters the bloodstream from a tick bite, it can increase a person's sensitivity to red meat, triggering an immune system response. The body will react as if red meat is harmful, causing an allergic reaction.

Symptoms range from mild to severe and can be life threatening, according to the Cleveland Clinic. Skin reactions are common, but gastrointestinal issues are sometimes the only symptom. Other symptoms include cough, shortness of breath, wheezing, heart palpitations, low blood pressure and even anaphylaxis.

More than 110,000 suspected cases of alpha-gal syndrome were identified between 2010 and 2022 in the U.S., but the actual number is unknown, according to the Centers for Disease Control and Prevention. As many as 450,000 people in the U.S. may be affected.

In addition to red meat, people with alpha-gal syndrome

may react to products made from mammals that could also contain alpha-gal, including gelatin, dairy products, and some medical products, medications and personal care items. Not all individuals with alpha-gal syndrome will react to every product containing alpha-gal, according to the CDC.

The JADA article identified multiple dental products that contain animal-derived ingredients such as gelatin, collagen, glycerin, glycerol, hydrogels and carrageenan. These products include artificial saliva substitutes, bone and gingival graft materials, chlorhexidine gluconate mouth rinses, collagen dermal fillers, fluoride supplements, gelatin capsules, lip balms, mouth rinses, prophylaxis pastes, suture materials, toothpastes and tooth-whitening gels.

Pharmaceutical companies are not required to disclose the presence of animal-derived ingredients on package inserts, according to the American Academy of Allergy, Asthma & Immunology.

Oregon Oral Cancer Walk and Screening in Corvallis Raises over \$17K

Kyle Isaacs, BHS, RDHEP

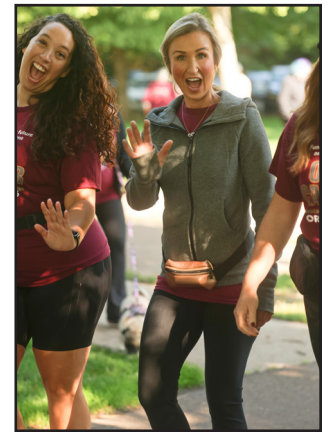
The 4th annual Oregon Oral Cancer Walk and Screening took place on Saturday September 13 at Willamette Park in Corvallis. We had the biggest attendance to date with 130 people, 3 survivors, and a family who lost a young loved one to oral cancer. There was an amazing face painter, Brenda Cortez who donated her time and paint to the event. We had bubbles for the kids and more than 35 exciting raffle prizes that brought joy to the winners. Overall, we exceeded all other years in raising money for the Oral Cancer Foundation as well as our goal of \$15,000; we raised \$17,177! 40 people received free head and neck screenings from three amazing dental hygienists who volunteered their time. DO students from Western University attended and shared information about the HPV vaccine. We had a contest for the person who raised the most money, the team that raised the most money, and the biggest team in attendance. A pre-dental student raised the most as well as her team of other students! The Mt. Hood Community College Dental hygiene students and faculty drove all the way from Portland and took the win for the most people. There were people who came from Eugene, Salem, Albany, Corvallis, and Portland.



Katelynn Romviel, a 29 year-old oral cancer survivor shared her emotional and engaging cancer journey. We honored the survivors and the family who lost their loved one with flowers and acknowledgement before heading out onto the path for the walk. As part of her healing process, she has been coaching a dance team from Philomath. The group came to the event and treated us to an exhibition of one of their lively dances.

This year we partnered with these amazing organizations: Coastal Cascades Dentist Society, Oregon Dental Hygienists Association, Samaritan Cancer Program, and Kickin Cancer. Our sponsors were Corvallis Dental Group, CariFree, Healthcare Compliance Associates, Willamette Dental, Willis Dental, StudentRDH, Capitol Dental, Willamette Valley Cancer Institute, Peak Implant and Oral Surgery, Pacific Crest Smiles, Aseptico, E.N.D.S, Elevate Oral Care, Northpoint Dental, A-dec, Lyon's Den Hair Studio, and Marion County Dental Hygiene Study Group. Starbucks graciously donated coffee and tea and we were able to purchase healthy food due to donations from Safeway and Trader Joes and their generous donations.

Looking ahead to next year, we would love to have more dental hygiene students, predental students, and dental professionals attend. We may have another contest category since many people brought their dogs, so possibly the best dog costume. As always, anyone raising \$1000 will get \$100 for themselves. Together we can change the history of oral cancer.



Coastal Cascades Dentist Society

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September/October 2025



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IMPLANT STRESS!

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Implant Cases

Not Going as Planned?

- Communication Breakdown
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- Lack of Concern to Make it Right
- Things Not Fitting
- Schedule Blown Up
- Stress Levels High

**Sounds Like It's Time for a Change.
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